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V-Smile

A Newsletter of Valley State College, Chitwan


Ethical Leadership


Business Acumen


Innovation & Entrepreneurship


Courteous Communication


Timely Transformation

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Recent Activities
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Patron

Babu Ram Khanal
(Principal)

Team Editors

Sujan Karki (Director: MBA Program)
Man Adhikari (Program Co-ordinator/BBA)
Sudha Regmi (HoD: BHCM)
Dr. Madhusudan Lamichhane (Head:V-RMC)

Communication & Outreach

Raj Kumar Shrestha

Publisher

V-RMC

Special Contributor

Himalayan Global
Researchers' Network Pvt. Ltd.
Chitwan, Nepal | Estd : 2023

BHCM Students Gain Practical Insights Through Hospital Field Visit

As part of their academic curriculum and experiential learning journey, the BHCM Second Semester students of Valley State College visited Maulakalika Hospital, gaining valuable firsthand exposure to healthcare management practices.

The College extends its sincere appreciation to Dr. Bigyan Poudel for his warm welcome, insightful guidance, and generous support in facilitating the visit. The field experience enabled students to develop a practical understanding of hospital operations, healthcare service delivery, and management functions, effectively connecting classroom concepts with real-world practice.

Such industry exposure is instrumental in strengthening students' professional competencies and preparing them for future careers in healthcare management. Valley State College expresses its heartfelt gratitude to Maulakalika Hospital and its dedicated team for providing this meaningful and enriching learning opportunity.



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Experiencing Democracy and Public Finance: Parliamentary Simulation of Budget Speech at Valley State College

The Department of BBA, Valley State College, successfully organized a Parliamentary Simulation of Budget Speech and Q&A Session on 11 June 2026 at the VSC Seminar Hall as a part of the Elective-II Practicum for BBA 10th Batch, 8th Semester students.

The simulation recreated the proceedings of Nepal's parliamentary budget discussion, providing students with a realistic platform to understand the processes of budget formulation, presentation, parliamentary debate, and policy evaluation. Students actively portrayed various key roles, including the Prime Minister, Finance Minister, Speaker of the House, Ministers, Members of Parliament, and the Leader of the Opposition Party, bringing the parliamentary environment to life.

During the session, Mr. Pratik Subedi, portraying the role of the Finance Minister, presented the annual budget speech highlighting major policy priorities and financial plans. Following the presentation, Members of Parliament from the ruling party expressed their views in support of the proposed budget, while representatives from the opposition party critically examined the budget and raised questions regarding government policies and priorities. The interactive Question and Answer (Q&A) session further enhanced students' understanding of accountability, public finance, and democratic decision-making.

The program fostered critical thinking, leadership, public speaking, teamwork, and analytical skills among students, enabling them to connect classroom concepts with real-world governance practices. Through such innovative experiential learning initiatives, Valley State College continues to promote practical education and prepare students to become responsible professionals and future leaders.





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V-Talk on Nepal's Budget 2083/84: Exploring Prospects and Challenges

Valley State College successfully organised V-Talk on Nepal's Budget 2083/84: Prospects & Challenges on 9 June 2026, bringing together students and presenters for an engaging discussion on the nation's fiscal priorities and economic outlook.

The event was skilfully hosted by Shreya Koirala, whose confident facilitation ensured a smooth and interactive session. Insightful presentations were delivered by Binita Panthi, Bansika Thapa Magar, Abisha Bhattarai, Sanjay Bhusal, Hemanga Regmi, and Shreya Koirala, offering thoughtful analyses of the national budget and its implications.

The programme also witnessed enthusiastic participation from the students of BBA 8th Semester and BBA 4th Semester, who enriched the discussion through their active involvement and thought-provoking questions. The successful completion of the event reflected the collaborative efforts of all participants, making the session both informative and impactful.















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Field Visit to Meghauli Conducted Under Business & Society Practicum

As part of the Business & Society Practicum, the BBA 11th Batch (6th Semester) of Valley State College conducted a field visit to Meghauli on 22 May 2026 under the research theme "Socio-Economic Impact of Homestays on the Tharu Community." The field study was designed to provide students with practical research experience and a deeper understanding of how community-based tourism contributes to local socio-economic development.

During the visit, students were divided into five groups, each consisting of five members, and were assigned to conduct field-based research within the local community. The groups visited various households, homestay operators, community members, and agricultural fields to collect primary data through observation, interviews, and direct interaction. These engagements enabled students to gather valuable insights into the economic benefits, cultural significance, and social impacts of homestay businesses on the livelihoods of the Tharu community.

The field visit offered an excellent opportunity for students to apply research methodologies in a real-world setting while strengthening their analytical, communication, and teamwork skills. By interacting directly with community members, participants gained a broader perspective on the relationship between business activities and social development. Such experiential learning initiatives continue to enhance academic learning by connecting classroom knowledge with practical realities, reinforcing Valley State College's commitment to developing socially responsible and research-oriented future professionals.












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Workshop on Practical Accounting Concepts and Tax Basics Successfully Conducted

Valley State College successfully organized a Workshop on Practical Accounting Concepts and Tax Basics on 22 March 2026, providing students with an excellent opportunity to strengthen their understanding of accounting practices and taxation through practical learning. The workshop was designed to bridge the gap between theoretical concepts taught in the classroom and their application in professional settings, enabling students to gain valuable insights into the fundamentals of accounting and tax management.

The session was facilitated by CA Bikash Tiwari, who shared his extensive professional expertise, practical experiences, and industry-relevant knowledge with the participants. Through engaging discussions and real-world examples, he provided students with a deeper understanding of key accounting concepts, tax regulations, and the practical challenges faced by finance professionals. His insightful guidance greatly enriched the learning experience and offered students a valuable perspective on the demands and opportunities within the accounting profession.

Valley State College extends its sincere gratitude to CA Bikash Tiwari for his valuable contribution and commitment to student learning. We also express our appreciation to all BBA 2nd Semester students for their enthusiastic participation, active engagement, and eagerness to learn throughout the session. Such interactive and practice-oriented programs continue to enhance students' professional competencies, foster experiential learning, and strengthen the connection between academic knowledge and real-world business practices.







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Life Insurance Awareness Program Enhances Financial Literacy at Valley State College

Valley State College successfully organized a meaningful and enriching Life Insurance Awareness Program on 21 May 2026 at the VSC Seminar Hall, with the objective of enhancing students' financial literacy and strengthening their understanding of life insurance, risk management, and long-term financial security. The program provided an excellent platform for students to gain practical insights into the role of life insurance in personal financial planning and to better appreciate the importance of informed financial decision-making in today's dynamic economic environment.

The session was led by Mr. Shiva Sharma, Deputy Branch Manager of Himalayan Life Insurance, who delivered an engaging, insightful, and highly informative presentation that greatly benefited the participating students. Through real-world examples and expert guidance, he highlighted the significance of financial preparedness, protection planning, and the value of life insurance as a key component of financial well-being. Valley State College extends its sincere gratitude to Mr. Sharma for sharing his expertise and contributing to the professional development of our students.

We would also like to express our heartfelt appreciation to Jamuna Kandel Ma'am, Faculty of Finance, for her valuable coordination and academic support in organizing the program, and to Rashmi Acharya for gracefully hosting the session. Special thanks are extended to the students of BBA 8th and 4th Semester for their enthusiastic participation, active engagement, and thoughtful interactions, which made the program both interactive and impactful. Such initiatives continue to strengthen the connection between academic learning and practical financial awareness, reaffirming Valley State College's commitment to preparing students with the knowledge and skills necessary for personal and professional success.







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National Stock Pitching Competition (NSPC-2026) Successfully Concluded at Valley State College

Valley State College is delighted to announce the successful completion of the National Stock Pitching Competition (NSPC-2026), organized by the KUSOM Finance Club in collaboration with Valley State College. The event brought together talented and aspiring finance enthusiasts from Valley State College, Aroma College, Presidency College, and Boston International College, with seven teams competing and demonstrating exceptional analytical abilities, financial acumen, strategic thinking, and presentation skills. The competition provided a dynamic platform for participants to apply their knowledge of investment analysis and stock valuation while engaging in healthy academic competition.

The competition concluded with Aroma College securing the championship title through an outstanding stock pitch presentation delivered by Prashant Panta, Sargam Kandel, and Himanshu Bhantana, earning the team a place in the Kathmandu finals. Valley State College achieved the position of First Runner-Up with an impressive presentation by Subash Kandel and Rashmi Aacharya, while Presidency College secured the title of Second Runner-Up through the commendable efforts of Santosh Bhattarai and Sakhina Magar. The quality of presentations and the level of preparation demonstrated by all participating teams reflected the growing interest and competence of students in the field of finance and investment.

We extend our heartfelt congratulations to the winning teams and sincere appreciation to all participants for their dedication, confidence, and outstanding performances throughout the event. Our special gratitude goes to the respected judges, the members of the KUSOM Finance Club, the organizing committee, faculty members, and everyone whose support and contributions helped make NSPC-2026 a grand success. Events such as NSPC continue to inspire young minds to explore the dynamic world of finance, investment, and strategic decision-making while fostering a culture of learning, innovation, and professional excellence among future business leaders.












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Road Safety Awareness Program Successfully Conducted at Valley State College

Valley State College, in collaboration with MAW Rides Pvt. Ltd., successfully organized a highly enriching and thought-provoking Road Safety Awareness Program on 8 May 2026. The program served as a valuable platform to educate and sensitize students about the importance of responsible road behavior, traffic discipline, and safe driving practices. Through informative discussions and practical insights, participants gained a deeper understanding of their role in promoting road safety and contributing to a more responsible and aware society. The session encouraged students to recognize that road safety is a shared responsibility that requires conscious actions from every individual.

A highlight of the program was the engaging and informative session delivered by Mr. Bishnu Thapa, Senior Sub-Inspector of Police, whose expertise and real-world experiences greatly enriched the learning experience of the participants. His insightful presentation emphasized the significance of adhering to traffic regulations, adopting safe driving habits, and fostering a culture of responsibility on the roads. Valley State College extends its sincere appreciation to Mr. Thapa and MAW Rides Pvt. Ltd. for their valuable contributions and support in making the program a success. Such meaningful initiatives continue to reinforce the values of responsibility, discipline, and civic awareness among students, preparing them to become conscientious citizens and positive contributors to society.





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Valley State Research Review (VSRR) Volume 2, Issue 1 Successfully Released

We are delighted to announce the successful publication of the Valley State Research Review (VSRR), Volume 2, Issue 1, released on 5 May 2026. This achievement marks another important milestone in our ongoing commitment to promoting academic excellence, research innovation, and knowledge dissemination.

We extend our heartfelt congratulations to all the authors and co-authors - Diwas Regmi, Hari Lal Kandel, Laxmi Gaire, Sujan Jung Karki, Mamata Thapa Magar, Niranjan Karki, Puspa Raj Amgain, Nidhi Amgain, Sunil Pokharel, Man Bahadur Chhetri, Bishnu Sharma, Susmita Shrestha, Sumeena Shrestha, Samiksha Thapa, and Sudha Regmi—whose dedication, hard work, and scholarly contributions have made this publication possible. Their research enriches academic discourse and reflects a strong commitment to advancing knowledge across diverse fields.

We would also like to express our sincere gratitude to Mr. Baburam Khanal, Patron of VSRR; Dr. Madhusudan Lamichhane, Chief Editor; Mr. Sarad Chandra Kafle, Managing Editor; the Production Team; and all contributors whose collective efforts, guidance, and unwavering support played a vital role in the successful release of this issue.

The publication of VSRR Volume 2, Issue 1 is more than the release of a journal; it is a testament to our shared vision of fostering a vibrant research culture and encouraging scholarly inquiry. As we celebrate this accomplishment, we remain committed to inspiring researchers and future scholars to contribute meaningful insights that create a lasting impact in academia and beyond. We thank everyone involved for their invaluable contributions and look forward to achieving even greater milestones in the future.





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MBA Prarambha 2026: Welcoming New Beginnings and Building Strong Connections

MBA Prarambha 2026 was successfully organized on 30 May 2026 at Regenta Resort & Spa by the MBA Spring 2025–27 cohort to warmly welcome the MBA Fall 2025–27 cohort into the Valley State College MBA family. The event brought together MBA students from all three batches, faculty members, and distinguished guests, creating an excellent opportunity for interaction, networking, and relationship building. The program aimed to foster a sense of belonging among students while encouraging collaboration and friendship that will support them throughout their MBA journey.

The event was gracefully hosted by Mr. Riwaj Adhikari and Ms. Swopnil Wagley and was honored by the presence of Prof. Dr. Er. Hari Bhandari, Mr. Baburam Khanal, Principal of Valley State College, Mr. Sujan Karki, MBA Program Director, along with other faculty members and MBA students. The formal session included welcome remarks and motivational messages that highlighted the importance of leadership, teamwork, professional growth, and continuous learning in both academic and professional life.

The program also featured a variety of entertaining and engaging activities, including cultural performances, dance, music, a live band performance, and a pool party. These activities provided students with a relaxed environment to interact with peers from different cohorts, share experiences, and build meaningful connections beyond the classroom. The combination of formal and informal activities made the event both enjoyable and memorable for all participants.

MBA Prarambha 2026 successfully marked the beginning of a new chapter for the incoming MBA cohort while strengthening the bond among students across all batches. The event reflected the vibrant culture of the MBA program at Valley State College and reaffirmed its commitment to creating a supportive learning community where students can grow academically, professionally, and personally.







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MBA Inaugural Colloquium & Breakfast Meet Successfully Concluded

Valley State College (VSC) successfully hosted the MBA Inaugural Colloquium & Breakfast Meet on 6 May 2026 at Hotel Siraichuli, marking a distinguished and formal commencement of the MBA program. The event began with a graceful opening by Ms. Manila Dahal (MBA 2026 Spring), a former fashion designer, whose warm welcome and engaging introduction set an inspiring tone for the morning. At the heart of the colloquium was an intellectually enriching Book Review Session on The Personal MBA by Josh Kaufman, presented by Mr. Bibek Dahal, Managing Director of Shree New Etta Udhyog (MBA 2025 Fall). His thoughtful presentation translated key business concepts into practical insights, which were further enriched by the insightful commentaries of Mr. Sidhartha Sharma Dharel, Managing Director of Dharel Tel Udhyog (MBA 2025 Fall), and Mr. Niranjan Karki, Stock Trader and Financial Analyst, who effectively connected theoretical perspectives with real-world business and financial practices.

Adding further depth to the program, Mr. Birendra Amgain, Regional Head at MAW Vriddhi (MBA 2026 Spring), delivered a compelling presentation on the "Market of Electric Vehicles in Nepal," highlighting emerging trends, opportunities, and challenges within this rapidly evolving sector. The academic dimension of the event was strengthened by Mr. Sujan Karki, MBA Program Director, who offered a reflective and forward-looking perspective on the "History and Evolution of the MBA Program," placing management education within both a global and future-oriented context. The colloquium reached its pinnacle with an inspiring keynote address by Principal Mr. Baburam Khanal, who emphasized the values of purpose-driven leadership, intellectual rigor, continuous learning, and professional excellence.



The event concluded with a vibrant Breakfast and Networking Session, providing participants with valuable opportunities to build meaningful professional relationships and fostering a strong sense of community among the incoming MBA cohort. VSC extends its heartfelt gratitude to all speakers, commentators, participants, and distinguished guests for their valuable presence, insightful contributions, and unwavering support in making the MBA Inaugural Colloquium & Breakfast Meet a memorable and meaningful success. The program not only marked the beginning of a new academic journey but also reflected VSC's commitment to nurturing future leaders through dialogue, learning, and collaboration.

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MBA Spring 2026 Cohort Begins Journey with Residential Foundational Session in Pokhara

Valley State College successfully organized a two-day Residential Foundational Session for the MBA Spring 2026 Cohort at Hotel Landmark Pokhara on 16 and 17 May 2026, providing participants with a meaningful and inspiring start to their MBA journey. Thoughtfully moderated by Mr. Baburam Khanal, Principal of Valley State College, the program created an engaging learning environment that encouraged intellectual curiosity, collaboration, and personal growth among the newly enrolled MBA students. The session was designed to introduce participants to the academic rigor and experiential learning approach of the MBA program while fostering a strong sense of community within the cohort.

One of the major highlights of the residential program was a dynamic and intellectually stimulating debate on the topic "Performance-Based Pay vs. Fixed Salary," conducted in the discussion format practiced at Saïd Business School. The proposition team was led by Manila Dahal, while the opposition team was led by Prakash Chandra Poudel. The debate challenged participants to critically evaluate contemporary management practices, encouraging analytical reasoning, persuasive communication, and active engagement. The academic experience was further enriched by the presence of distinguished scholars and experts, including Dr. Rabindra Ghimire and Dr. Niranjan Koirala, whose insightful sessions added significant depth and value to the program.

Beyond the classroom, participants engaged in a variety of recreational and team-building activities, including boating, kayaking, and a city tour of Pokhara. These experiences provided opportunities for networking, collaboration, and the development of stronger interpersonal relationships among cohort members. The residential session concluded on a highly positive note, successfully combining academic enrichment, experiential learning, and memorable shared experiences. Through initiatives such as this, Valley State College continues to foster a holistic learning environment that prepares future leaders to excel both professionally and personally.









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ALINAM – Where Elegance Meets Everyday Comfort

Alinam, a contemporary fashion label founded by Manila Dahal, brings together elegance, comfort, and timeless style for modern individuals. Inspired by simplicity, confidence, and effortless fashion, Alinam focuses on creating versatile apparel using premium fabrics and thoughtful craftsmanship. The brand offers a range of fashion essentials, including linen trousers, linen shorts, linen shirts, and casual as well as smart- casual wear, designed to provide comfort, durability, and sophistication.

With a vision to make fashion an expression of personality and confidence, Alinam emphasizes quality, sustainability, and designs that seamlessly blend with everyday lifestyles. Founded with a passion for creating practical yet stylish clothing, the brand reflects Manila Dahal's philosophy of clean silhouettes, breathable fabrics, and timeless appeal. Through its commitment to quality craftsmanship and customer-focused experiences, Alinam continues to inspire individuals to embrace their unique style with confidence and grace.



ALINAM
Designed with Passion.
Worn with Confidence.

ART.ZEN – Bringing Ideas to Life Through Art



ART.ZEN
Created with Passion.
Inspired by Imagination.

ART.ZEN, founded by Manita Shrestha, is a creative art venture dedicated to transforming imagination, emotions, and stories into meaningful works of art. Inspired by creativity, mindfulness, and self-expression, ART.ZEN creates handcrafted pieces that celebrate individuality and bring unique ideas to life.

The venture offers a diverse range of artistic creations, including sketches, portraits, paintings, abstract art, mandala art, customized tote bags, customized T-shirts, and personalized artworks and gifts. Each creation is thoughtfully crafted with attention to detail, passion, and creativity, ensuring a unique and memorable experience for every customer.

With a vision that art is more than something we see-it is something we feel. Manita Shrestha aims to create artwork that inspires connection, reflects personal stories, and allows individuals to express their identity through meaningful designs. Through originality, quality craftsmanship, and personalized creations, ART.ZEN continues to turn ideas into artistic expressions.

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MBA Talk: Book Review Session
Café Edition Fosters Learning and Reflection

The MBA Talk: Book Review Session-Café Edition was successfully conducted with enthusiastic participation from the MBA Fall 2025–27 cohort, creating an engaging environment for intellectual discussion and collaborative learning. The session featured an insightful review of the internationally acclaimed book Rich Dad Poor Dad by Robert T. Kiyosaki, presented by Rose Lama. Through her thoughtful presentation, she highlighted key lessons on financial literacy, wealth creation, personal development, and the importance of cultivating an entrepreneurial mindset, encouraging participants to reflect on their own financial and professional journeys.

The discussion was further enriched by the thoughtful commentary of Rohan Syngbo, whose perspectives added depth and context to the book's core concepts. The program was skillfully hosted by Aashasma Baruwal, whose effective facilitation contributed to the smooth flow and interactive nature of the session. The Café Edition of MBA Talk provided participants with a valuable platform to exchange ideas, share perspectives, and engage in meaningful dialogue beyond the traditional classroom setting. Through such initiatives, Valley State College continues to promote a culture of critical thinking, lifelong learning, and academic engagement, making the session both intellectually stimulating and highly rewarding for all involved.







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Student of The Season



Shishir Mahat, a BBA 6th Semester student at Valley State College, has consistently distinguished himself through academic achievement, leadership, and active participation in college life. His commitment to academic excellence has earned him a place on the Dean's List in previous semesters, reflecting his dedication, perseverance, and pursuit of continuous growth.

Beyond academics, Shishir has played an active role in college activities, contributing significantly to both leadership and event management. As the captain of the college sports team, he successfully led his team to victory, securing the championship trophy through teamwork, discipline, and strategic leadership. He has also managed several major college programs, showcasing his organizational abilities and commitment to student engagement.

Demonstrating creativity and social awareness, Shishir successfully wrote the script for a drama based on social issues and performed it alongside his team during college events. His ability to combine storytelling with meaningful social messages reflects his communication skills and creative vision.

Shishir has further represented the college by delivering a presentation at a National-Level Stock Pitching Competition, highlighting his analytical thinking, financial knowledge, and confidence in presenting before a competitive audience.

Beyond his academic responsibilities, Shishir is also a content creator for several brands, where he applies his expertise in digital marketing, storytelling, and visual communication to create impactful content for diverse audiences.

With a passion for leadership, innovation, and continuous learning, Shishir Mahat exemplifies the qualities of a dynamic student who excels in academics, extracurricular activities, and professional development. Valley State College is proud to recognize him as a Student of the Season.

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Student of The Season



Mansi Pandey, a BBA Final Semester student at Valley State College, Chitwan, has consistently demonstrated exceptional academic performance, securing a 4.0 GPA in her previous semesters. Her commitment to academic excellence, research, and professional development reflects her dedication to becoming a future business leader.

Mansi has made a remarkable contribution to academic research through the publication of her research article, "Mapping Cause–Effect Relationship among Factors Influencing Online Shopping Behavior in Nepal Using the DEMATEL Method," in the Journal of Consumer Behavior, Marketing and Management (JCBMM), published by e-Palli Publisher, Delaware, USA. She also presented the same research paper at the St. Paul Institute of Professional Studies, Indore, India, demonstrating her ability to represent her research on an international academic platform.

Beyond academics, Mansi has actively participated in various college initiatives, including the Valley Marketing Project (V-MEP). She served as the Finance Head and Management Team Member under Team Elite, where she played a vital role in financial planning, event management, teamwork, and the successful execution of project activities. Her active involvement highlights her leadership, communication, and organizational abilities.

To enhance her practical knowledge, Mansi successfully completed a four-month internship, gaining valuable exposure to accounting, auditing, and professional business operations. She is currently working as a Corporate Employee, where she continues to strengthen her professional expertise while balancing her academic responsibilities.

With an excellent academic record, an internationally published research article, an international conference presentation, leadership experience in VMAP, internship exposure, and corporate experience, Mansi Pandey represents a well-rounded, research-oriented, and career-focused business graduate who is prepared to make meaningful contributions to academia, industry, and society. Valley State College is proud to recognize her as a Student of the Season.

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Alumni Special: Srijana Kandel



Valley State College proudly recognizes Srijana Kandel as our *"Alumni of the Season", celebrating her remarkable academic achievements, research excellence, and unwavering commitment to social impact.

A distinguished 2025 BBA graduate from Valley State College, affiliated with Pokhara University, Nepal, She is currently pursuing her Master of Business Administration (MBA) at Lead College (Autonomous), Kerala, India, where she has earned a scholarship in recognition of her academic excellence and potential. Her journey reflects a strong passion for management, human resource management, research, and community development.

Beyond academics, She has consistently demonstrated a deep commitment to social service. As a volunteer and social activist, she has actively contributed to various community initiatives and served as a core member of the *Blood Donors Society Nepal, participating in blood donation campaigns and other social welfare activities. These experiences have shaped her into a compassionate leader with strong teamwork, communication, and organizational skills.

She has also distinguished herself in the field of research. She successfully conducted a human resource research study on employee satisfaction and retention at *Chaudhary Group's Industrial Estate, Nawalpur, one of Nepal's leading business conglomerates. Her dedication to research earned her the opportunity to present her findings at two prestigious international conferences: one organized by St. Paul Institute of Professional Studies (SPIPS), Indore, in collaboration with Valley State College, Nepal, and another at the Delhi School of Business in association with Lincoln University College, Malaysia. These accomplishments have strengthened her expertise in research, analysis, academic presentation, and professional communication.

Valley State College takes immense pride in Srijana Kandel's achievements and her inspiring journey of academic excellence, leadership, and service. Her dedication to lifelong learning and meaningful contribution to society truly embodies the values of our institution.

Congratulations, Srijana Kandel! Your success inspires our students and strengthens the legacy of Valley State College. We wish you continued excellence and every success in your future endeavors.

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Congratulations!









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Nostalgia



















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